

Andrea Hansen

Dr. Andrea Hansen opened Wild Roots Chinese Medicine and Acupuncture Clinic, at 614 Battle Street, shortly after moving back to Kamloops in 2007. As a very young woman, she first practiced at the Kamloops Acupuncture Clinic with Andy Soo Hoo while studying in a local science program. She then moved to Vancouver where she studied western herbal medicine and holistic nutrition before focusing her training solely in Chinese medicine through PCU College of Holistic Medicine and Tzu Chi International College of Traditional Chinese Medicine. Andrea practiced at Acubalance in Vancouver, a clinic predicated on a synthesis of western and Chinese medicine in reproductive health. Since that time, she has focused her theoretical and practical work on ancient classical Chinese medicine with a special focus on Han Dynasty medical texts. She is presently completing a fellowship at the Institute of Classics in East Asian Medicine with Dr. Arnaud Versluys.

One particularly influential Han Dynasty text for Andrea is the Shang Han Za Bing Lun, written around 25-220 CE. The first volume, the Shang Han Lun, outlines the physiological changes that occur in the body due to external environmental influences; the second volume, Jing Gui Yao Lue, addresses internal and complex diseases. These texts address multifarious factors, from pain conditions to pregnancy-related issues,

from cardiac diseases to hemorrhagic problems, from infections to the growth of tumors: many of the major conditions that the human body encounters. In her interpretation of these texts, Andrea follows the Tian-Zeng lineage, which uses pulse diagnosis and classical herbal medicine. Her work with the Institute of Classics in East Asian Medicine has constituted many hundreds of hours of theoretical and practical instruction. Andrea's teacher, Dr. Versluys—one of the only remaining holders of the Tian-Zeng lineage—trained in traditional discipleship for many years under the tutelage of acclaimed Shang Han master Dr. Zeng Rongxiu.

Andrea provides the full scope of Chinese medicine including herbs, acupuncture, and cupping. She is joined in her clinic by registered acupuncturist Shawna Waffer. Together, they provide six full treatment days per week in the clinic, supported by office manager Kari Waffer. Wild Roots also provides space for a massage therapist and two clinical counselors. The clinic is in a quaint, repurposed heritage home near the intersection of 6th Avenue and Battle Street in downtown Kamloops. The ambiance of the clinic is thoughtfully designed to be welcoming, comfortable, soothing, and warm.

Aside from the pleasure of her work, Andrea's joy is her family. Her husband is a high school teacher and her daughters attend a French immersion program. Andrea and her daughters practice Teuk-Gong, a Korean military martial art; for Andrea, a good spar with a well-matched opponent brings great satisfaction. The family enjoys skiing at Stake Lake and Harper Mountain, leisurely summer bike rides on Rivers Trail, back-country horseback riding at Andrea's childhood friends' ranch in Ashcroft and, when holidays permit, spending time by the ocean on Bowen Island.

Andrea is licensed as a Doctor of Traditional Chinese Medicine through the College of Traditional Chinese Medicine Practitioners and Acupuncturist of British Columbia, the regulatory body for Chinese medicine in BC.



WILDROOTS
CHINESE MEDICINE
& ACUPUNCTURE CLINIC



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